



20 January 2017

By email: abidentonema@gmail.com

Mohammad Abid Hussain

2/A, Ghandi Sarah, Risha Post
HOOGHLY 712248
WEST BENGAL INDIA

Dear Dr Abid,

Visit to the National Centre for Farmer Health – Invitation

It is with great pleasure that the National Centre for Farmer Health, a partnership between Western District Health Service and Deakin University, invites you to visit the Centre based in Hamilton, Victoria, Australia in February 2017 for the purpose of undertaking the HMF701 Agricultural Health and Medicine unit.

We look forward to welcoming you for the onsite sessions commencing at 8:30am on Monday 27 February and ending Friday 3 March 2017. The rest of the course needs to be completed online. We would also like to congratulate you on the scholarship you attained worth AUD\$8,380, which includes course fees of AUD\$3380 plus travel and accommodation (a value of over AUD\$5000). Please see attached another letter outlining the arrangements to be made for your visit.

We would also like to inform you that you may be contacted by our media representative, during the course of your visit. They will likely be interested in where you are from, why you are participating in the course, and how you will use your new knowledge to collaborate with the National Centre for Farmer Health to make a difference in India.

Again, congratulations and we look forward to your participation in and contribution to the Agricultural Health and Medicine unit. Details of the unit can be found here:
<http://www.farmerhealth.org.au/page/education/what-is-hmf701>

Dr Jacquie Cotton, Unit Coordinator, jacquie.cotton@deakin.edu.au and Dr Aziz Rahman aziz.rahman@deakin.edu.au and will be liaising with you on the detailed contents and enrolment for your visit to the National Centre for Farmer Health.

Kindest regards,


A/Prof Susan Brumby
Director

20 January 2017

Mohammad Abid Hussain
2/A, Ghandi Sarah, Risha Post
HOOGHLY 712248
WEST BENGAL INDIA

Dear Dr Abid

Visit to the National Centre for Farmer Health

Congratulations on your scholarship to attend the 2017 Agricultural Health and Medicine course, with the onsite component between Monday 27 February and Friday 3 March 2017.

This letter confirms the arrangements to be made to facilitate your visit.

Scholarship

The value of your scholarship includes course fees of AUD\$3380 plus reasonable costs of travel and accommodation (a total value of over AUD\$5000).

Visa

You should make your own enquiries regarding visa requirements to come to Australia. Please let us know if you need additional correspondence from us to support your application.

Air Fares

We have found that it is often best for delegates to make their own travel arrangements through their own travel agents and send the invoice to us to finalise payment of travel. Please note that we must agree to the cost of the airfares and will only cover economy class tickets.

We suggest you arrive in Australia on Saturday 25 February and depart late on Saturday 4 March 2017 to allow travel time between Hamilton to Melbourne. Hamilton is 300kms west of Melbourne with limited public transport. Professor Mukti was here.

You should send a copy of your itinerary and invoice to us by email to cecilia.fitzgerald@wdhs.net as soon as possible to arrange payment.

Domestic Travel

The National Centre for Farmer Health is situated in Hamilton, Western Victoria. This is approximately 300km (or 3.5 hours) west from the city of Melbourne. We recommend that you take the Airport Shuttle Bus from Melbourne Airport to Ballarat and thereafter take the V/Line Coach Service from Ballarat to Hamilton.

National Centre for Farmer Health

Western District Health Service

PO Box 283

Hamilton, Victoria 3300 Australia

T +61 (3) 5551 8533 E ncfh@wdhs.net

W www.farmerhealth.org.au

Twitter @farmerhealth

Facebook bit.ly/farmerhealthFB

The V/Line Coach Service only has two services to Hamilton each day, departing Ballarat at either 10:55am or 19:50pm on Saturdays or 11:15am or 19:50pm on Sundays.

Please visit <http://airportshuttlebus.com.au/> and <https://www.vline.com.au/Timetables/Train-coach-timetables?loc=Ballarat%20Station&route=201B&date=25%2F02%2F2017> for information regarding the shuttlebus and V/Line coach bus times.

Once your arrival and departure dates and times are confirmed, we are happy to assist with booking this domestic travel.

Accommodation

We will arrange suitable accommodation for you from Saturday 25 February through to Saturday 4 March 2017 in Ballarat and Hamilton.

In Hamilton you will be housed in a share accommodation (along with two other international doctors from Indonesia). The house has one shared lounge room and one shared kitchen, 2 bathrooms and a private bedrooms.

We will organise accommodation for you in Ballarat (if needed) as you travel through to Hamilton once your flight details are known.

Meals

Lunch and morning and afternoon tea will be provided from Monday to Friday.

On Monday 27 February 2017 we are hosting a Welcome Reception with food and drinks and on Thursday 2 March, an optional student dinner.

You will be required to make your own arrangements for breakfast and dinner all other days but we are happy to assist with showing you to the supermarket if required.

Insurance

You **must** arrange your own comprehensive travel insurance to cover you for the entire length of your stay and send us a copy of this along with your flight itinerary.

If you have any other queries or concerns, please do not hesitate to contact Dr Jacquie Cotton (+61 3 5551 8585 or Jacquie.cotton@deakin.edu.au)

Yours sincerely,



A/Prof Susan Brumby
Director

National Centre for Farmer Health

Western District Health Service

PO Box 283

Hamilton, Victoria 3300 Australia

T +61 (3) 5551 8533 E ncfh@wdhs.net

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13 November 2017

BY EMAIL: abidhussain@cutm.ac.in

Mohammad Abid Hussain
2/A, Ghandi Sarah, Risha Post
HOOGHLY 712248
WEST BENGAL INDIA

Dear Dr Abid

**Visit to the National Centre for Farmer Health
Agricultural Health and Medicine**

We refer to previous correspondence regarding the scholarship you were awarded in 2017 to attend Agricultural Health and Medicine training and confirm that the offer remains open to you.

In 2018, the course will commence at 8:30am on Monday 26 February through to Friday 2 March. We once again extend the invitation for you to visit the Centre based in Hamilton, Victoria, Australia for the purpose of exploring possible research and academic collaboration and undertaking the HMF701 Agricultural Health and Medicine course.

This letter confirms the arrangements to be made to facilitate your visit.

Scholarship

The value of your scholarship is AUD\$3380 plus reasonable costs of travel and accommodation (to a value of AUD\$5000).

Visa

You should make appropriate enquiries regarding Visa requirements to come to Australia. We note that you have previously provided us with a copy of the Visa you obtained on 6 March 2017. You should ensure that this Visa will be current and appropriate for your travel in February 2018.

Air Fares

We have found that it is often best for delegates to make their own travel arrangements through their own travel agents and send the invoice to us to finalise payment of travel. Please note that we must agree to the cost of the airfares and will only cover economy class tickets.

The tax invoice for reimbursement of the flight costs needs to be made out to:

National Centre for Farmer Health
Western District Health Service
20 Foster Street,
HAMILTON VIC 3300

We suggest you arrive in Australia by no later than Saturday 24 February and depart late on Saturday 3 March 2018 to allow travel time between Hamilton to Melbourne. Hamilton is 300kms west of Melbourne with limited public transport.

Once we have agreed on the flight costs, you should send a copy of your travel itinerary, invoice and travel insurance to us by email to cecilia.fitzgerald@wdhs.net as soon as possible.

Domestic Travel

The National Centre for Farmer Health is situated in Hamilton, Western Victoria. This is approximately 300km (or 3.5 hours) west from the city of Melbourne. We recommend that you take the Airport Shuttle Bus from Melbourne Airport to Ballarat and thereafter take the V/Line Coach Service from Ballarat to Hamilton.

The V/Line Coach Service only has two services to Hamilton each day, departing Ballarat at either 10:55am or 19:50pm on Saturdays and Sundays.

Please visit <http://airportshuttlebus.com.au/> and [www.vline.com.au/getattachment/ef2a18c6-76a2-4f00-aa1f-16214f4168f3/201-Mt-Gambier-Melbourne-\(via-Casterton,-Hamil-\(1\)\)](http://www.vline.com.au/getattachment/ef2a18c6-76a2-4f00-aa1f-16214f4168f3/201-Mt-Gambier-Melbourne-(via-Casterton,-Hamil-(1))) for information regarding the shuttlebus and V/Line coach bus times.

Once your arrival and departure dates and times are confirmed, we are happy to assist with booking this domestic travel.

Accommodation

We will arrange suitable accommodation for you from Saturday 24 February through to Saturday 3 March 2018 in Ballarat and Hamilton and provide you with details of the arrangements.

Meals

Lunch and morning and afternoon tea will be provided from Monday to Friday.

On Monday 26 February 2018 we are hosting a Welcome Reception with food and drinks and on Thursday 2 March, an optional student dinner. Please let us know if you have any dietary requirements that we need to be aware of for these purposes.

You will be required to make your own arrangements for breakfast and dinner all other days but we are happy to assist with showing you to the supermarket if required.

National Centre for Farmer Health

Western District Health Service

PO Box 283

Hamilton, Victoria 3300 Australia

T +61 (3) 5551 8533 E ncfh@wdhs.net

W www.farmerhealth.org.au

Twitter [@farmerhealth](https://twitter.com/farmerhealth)

Facebook bit.ly/farmerhealthFB

Insurance

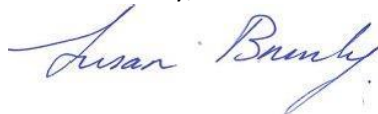
You **must** arrange your own comprehensive travel insurance to cover you for the entire length of your stay and send us a copy of this along with your flight itinerary.

Deakin Enrolment

We confirm that you are already enrolled at Deakin University to undertake HM701 in Term 1 2018 and that you will have access to Deakin Cloud Online access approximately one week prior to the course commencing. You would have been provided with your Student Connect Log on details by Deakin earlier this year and these are the details needed access Deakin Online.

If you have any other queries or concerns, please do not hesitate to contact Dr Jacquie Cotton (+61 3 5551 8585 or Jacquie.cotton@deakin.edu.au).

Yours sincerely,



Prof Susan Brumby
Director

Copy: mukti.mishra@cutm.ac.in
vc@cutm.ac.in
president@cutm.ac.in
anita@cutm.ac.in
aziz.rahman@deakin.edu.au
jacquie.cotton@deakin.edu.au



ABID HUSSAIN <abidentonema@gmail.com>

Fwd: FW: Visa Grant Notice: K1110819 [SEC=UNCLASSIFIED]

Nagen Kumar Bisoi <nagen@cutm.ac.in>
To: manager admn <Manager.CUTM@gmail.com>
Cc: ABID HUSSAIN <abidentonema@gmail.com>

Mon, Mar 6, 2017 at 10:37 PM

----- Forwarded message -----
From: "Bijay Boity" <bijay@triphoppers.com>
Date: 6 Mar 2017 18:08
Subject: FW: Visa Grant Notice: K1110819 [SEC=UNCLASSIFIED]
To: "Nagen Kumar Bisoi" <nagen@cutm.ac.in>
Cc:

Notification of the grant of a VISITOR visa



Australian Government
Department of Immigration
and Border Protection

06 March 2017

Mr Mohammad Abid HUSSAIN
Urvi Tours 139 Room No.111 1st Floor
Mohammadpur Near Bhikaji Cama Place
New Delhi
Delhi
110066
INDIA

In reply please quote:

Client Name	Mohammad Abid HUSSAIN
Date of Birth	09 August 1972
Application ID	IRIS 20352284301
Grant ID	1060112647747A
File Number	B17/01229036
Payment Receipt Number	170000038015
Place of Lodgement	New Delhi

Dear Mr Mohammad Abid HUSSAIN

Notification of the grant of a VISITOR (Class FA) VISITOR (Subclass 600) visa.

I wish to advise that a decision has been made on this application and a visa has been granted on 06 March 2017 to the applicant(s) listed in the Visa Grant Notice, which contains important information about your visa. Please keep a copy of this letter and the Visa Grant Notice in a safe place for your reference.

Questions about this decision

If you have questions about this decision, or the process or information that was taken into account, you may contact us by any of the means listed below.

Changes to your Circumstances

It is important that you tell us about any changes to your circumstances including your name, passport, contact details, address or family members as soon as possible. You are required to do this in writing. There are a number of forms available at www.border.gov.au or at any of our offices.

Client service information

Our Client Service Charter and information on how to make a complaint, complaint or suggestion is available at www.border.gov.au.

Contacting this processing office

We prefer contact with this office concerning your application to be by email. We try to respond to all email enquiries within seven (7) working days. If you do not have access to email or need to contact us urgently, please visit our website available at www.border.gov.au

Yours sincerely

Gagan

Visa Officer

Position Number: 60029055

Department of Immigration and Border Protection

VISA GRANT NOTICE

The following is important information, including your visa grant number or transaction reference number. This is the unique number assigned to your visa. Please keep this visa number with you for the life of your visa, as you may be asked for it.

Details of Application

Application ID IRIS 20352284301

Visa Class VISITOR (Class FA) VISITOR (Subclass 600)

Application Lodgement Date 13 February 2017

File Number B17/01229036

Grant ID 1060112647747A

Payment Receipt Number 170000038015

Decision Date 06 March 2017

Primary Applicant

Name Mohammad Abid HUSSAIN

Date of Birth 09 August 1972

Application ID 20352284301

Citizenship India

Passport Number K1110819

Visa Grant Number 1060112647747A

Visa Stream Business Visitor

Visa Grant Date 06 March 2017

Stay For/Until 3 Month(s)

Entries Multiple

Last Date to Arrive 06 March 2018

Conditions:

8115 - LIMITED ACTIVITIES

8201 - MAX 3 MONTHS STUDY

Other Applicants

No Other Applicants Recorded

Visa conditions and entitlements

If your visa has been granted subject to certain conditions and you do not comply with these conditions, there may be serious consequences including: visa cancellation, detention and removal from Australia. More information on visa conditions and entitlements is available at

www.border.gov.au.

Checking your visa details

You can check and email your visa details and conditions at any time using the Visa Entitlement Verifications Online (VEVO) system. To access VEVO visit www.border.gov.au/vevo

You will need to enter the following information:

- Your Visa Grant Number or Transaction Reference Number, and
- Your passport or ImmiCard information.

You can also check and email your visa details through the myVEVO mobile app.

Travelling to and from Australia

You can provide evidence that you have the authority to travel and enter Australia, and/or remain Australia by showing your passport or ImmiCard linked to your electronic visa record.

More information is available at www.border.gov.au/aboutyourvisa

Most countries have specific entry, exit and visa requirements. If you are transiting or exiting through another country, it is your responsibility to check with the relevant government authorities. The Australian Government cannot advise on other countries' requirements.

Polio vaccinations

On 5 May 2014, the World Health Organization (WHO) Director General declared the recent international spread of wild type polio virus to be a 'public health emergency of international concern' under the International Health Regulations (IHR). Nine countries, listed below, have been identified as having suffered recent outbreaks of Polio. If you are from one of the countries listed below, or have spent 28 days or longer in these countries on or after 5 May 2014, we encourage you to have a polio vaccination prior to departing for Australia. Having the vaccination will also assist in eradicating the spread of polio. To obtain maximum benefit in assisting with the eradication of the spread of polio, it is advisable to have the vaccination at least 4 weeks prior to your travel. **Countries:** Afghanistan, Cameroon, Equatorial Guinea, Ethiopia, Iraq, Nigeria, Pakistan, Somalia, Syria

Further information is available from www.border.gov.au.

Gagan

Visa Officer

Position Number: 60029055

Department of Immigration and Border Protection

--

Regards,

Bijay Boity

triphoppers.com

361, Paika Nagar, Delta Square.

Bhubaneswar-751013, Odisha, India.

Mobile :-+91 9937512712

Mobile :-+91 9337512712

E mail :- bijay@triphoppers.com



Tripshoppers.com
Plot No. 736, 1st Floor, Lane 3 Jaydev
Vihar
Contact:(0674)2361160/2361161
Fax:NONE
Email:contact@tripshoppers.com
Website:www.tripshoppers.com

Consultant Information
Name: Bijay Boity
Tel:+91 9937512712
Email:contact@tripshoppers.com

AMADEUS



Booking Reference

Amadeus PNR : PVR4RQ

Airline PNR : SQ PVR4RQ










Traveller(s) Information

MR MOHAMMAD ABID HUSSAIN








Flight Details

 Vishakhapatnam (Fri, 23 February 2018)	To	Singapore (Sat, 24 February 2018)	
10:55 PM	Vishakhapatnam Terminal	05:55 AM	Changi Terminal 2
 Singapore Airlines SQ5451 Confirmed Non Stop Operated By Silkair	Duration : 4:30 Hrs. Aircraft : AIRBUS INDUSTRIE A319-319	Cabin : Economy Class : M	
Passenger Name MR MOHAMMAD ABID HUSSAIN	E-Ticket Numbers 618-5125488455	Seat Preference NO-SMOKING AISLE SEAT	Baggage 30 Kilograms
 Singapore (Sat, 24 February 2018)	To	Melbourne (Sat, 24 February 2018)	
07:45 AM	Changi Terminal 3	06:10 PM	Tullamarine Terminal 2
 Singapore Airlines SQ207 Confirmed Non Stop	Duration : 7:25 Hrs. Aircraft : Airbus A350-900-359	Cabin : Economy Class : M	
Passenger Name MR MOHAMMAD ABID HUSSAIN	E-Ticket Numbers 618-5125488455	Seat Preference NO-SMOKING AISLE SEAT	Baggage 30 Kilograms
 Melbourne (Sun, 04 March 2018)	To	Singapore (Sun, 04 March 2018)	
11:25 AM	Tullamarine Terminal 2	04:05 PM	Changi Terminal 0
 Singapore Airlines SQ238 Confirmed Non Stop	Duration : 7:40 Hrs. Aircraft : BOEING 777-300ER-77W	Cabin : Economy Class : N	
Passenger Name MR MOHAMMAD ABID HUSSAIN	E-Ticket Numbers 618-5125488455	Seat Preference 46D	Baggage 30 Kilograms

Singapore (Sun, 04 March 2018)		To		Vishakhapatnam (Sun, 04 March 2018)	
08:25 PM	Changi Terminal 2	10:05 PM		Vishakhapatnam Terminal	
 Singapore Airlines SQ5452 Confirmed Non Stop <small>Operated By Silkair</small>		Duration : 4:10 Hrs. Aircraft : AIRBUS INDUSTRIE A319-319	Cabin : Economy Class : N		
Passenger Name	E-Ticket Numbers	Seat Preference	Baggage		
MR MOHAMMAD ABID HUSSAIN	618-5125488455	NO-SMOKING AISLE SEAT	30 Kilograms		



E-Ticket Details

 MR MOHAMMAD ABID HUSSAIN		Ticket Number : 618-5125488455	DoTI : 18-Dec-2017		
Airline	Sector	Departure Date	Fare Basis	Not Valid After	Not Valid Before
 Singapore Airlines SQ5451	Vishakhapatnam-Singapore	23-FEB-2018	MIRT	23-FEB-2018	23-FEB-2018
 Singapore Airlines SQ207	Singapore-Melbourne	24-FEB-2018	MIRT	24-FEB-2018	24-FEB-2018
 Singapore Airlines SQ238	Melbourne-Singapore	04-MAR-2018	NIA76M	04-MAR-2018	04-MAR-2018
 Singapore Airlines SQ5452	Singapore-Vishakhapatnam	04-MAR-2018	NIA76M	04-MAR-2018	04-MAR-2018
Fare Details	Currency	Amount			
Base Fare	INR	60000			
K3	INR	3000			
WO	INR	245			
OO	INR	288			
SG	INR	288			
WY	INR	2092			
AU	INR	2957			
WG	INR	205			
Service Fee	INR	0.00			
Total Fare	INR	69075.00			
		Form of Payment	: Cash		
		Fare Endorsement	: PAX VLD SQ/MI ONLY/ NON-ENDO/NON-REF/ CHNG USD50		



Mohammad Abid Hussain
2/A, Ghandi Sarah, Risha Post
HOOGHLY 712248
WEST BENGAL INDIA

ITINERARY

24 February 2018 to 4 March 2018

24 February 2018	
10:55pm	Depart India SQ5451 Vishakhapatnam Airport
6:10pm	Arrive Australia SQ207 Tullamarine Airport Terminal 2
Accommodation	Holiday Inn Melbourne Airport 10-14 Centre Road, Melbourne Airport Check In: Saturday 24 February 2018 Check Out: Sunday 25 February 2018 Phone: (03) 9933 5111 Booking No. 64627854 (Attachment 1) Note: Please call hotel on (03) 9933 5111 on arrival to be collected from Airport and taken to Hotel. Hotel bus will be able to take you on Sunday morning back to the Airport to catch the Shuttle Bus. <u>Please collect V/Line ticket from Hotel reception</u>
25 February 2018	
8:45am	Depart Melbourne Airport Ballarat Airport Shuttle Bus Terminal 4, Multi Storey car park Ground floor Bus Bay 14 Ticket No. 254380 (Attachment 2)
10:15am	Arrive Ballarat Railway Station
10:55am	Depart Ballarat Railway Station V/Line Coach service to Hamilton Reference No. 12491400 (Attachment 3) <u>Please ensure you collect original ticket from Holiday Inn Reception</u>

1:15pm	Arrive Hamilton Railway Station Please refer Hamilton Map - (Attachment 4)
Accommodation	47 Tyers Street, Hamilton Bedroom 3 Please collect the keys from the Hamilton Base Hospital Reception, 20 Foster Street, Hamilton. You will be sharing this property with other health professional students undertaking the Agricultural Health & Medicine Course. The property has a shared living area, kitchen and bathroom. Note: This property is located approx. 20 mins walk from the Hamilton Station and nearly 4 min walk to Hamilton Base Hospital. If you require a taxi from the Station to this property please call (03) 5571 1200.
26 February 2018	
8:45am to 4:30pm	HMF 701 Agricultural Health & Medicine Western District Health Service (WDHS) Hamilton Base Hospital Education Centre
5:45pm to 7:00pm	HMF701 Welcome Reception Hamilton Art Gallery, 107 Brown Street, Hamilton
27 February 2018	
8:00am to 5:30pm	HMF 701 Agricultural Health & Medicine WDHS Education Centre
28 February 2018	
8:00am to 5:30pm	HMF 701 Agricultural Health & Medicine WDHS Education Centre
1 March 2018	
9:00am to 5:30pm	HMF 701 Agricultural Health & Medicine WDHS Education Centre
7:00pm	Optional: Student Dinner Blue Malt Restaurant, Gray Street, Hamilton
2 March 2018	
9:00am to 2:45pm	HMF 701 Agricultural Health & Medicine WDHS Education Centre
4:25pm	Depart Hamilton V/Line Coach Service to Ballarat Railway Station
6:50pm	Arrive Ballarat
7:09pm	Depart Ballarat on Train
8:40pm	Arrive Southern Cross Station (Melbourne City)
Accommodation	Atlantis Hotel 300 Spencer Street, Melbourne Check In: Friday 2 March

	Check Out: Sunday 4 March 2018 Phone +61 3 9600 2900 Booking No. 2099.628.284 (Attachment 5)
3 March 2018	
	Sightseeing, Ballarat or Melbourne City (at own expense)
4 March 2018	
8am	Depart on SkyBus Airport Express Departing Southern Cross Station Reference No. W142420592E7F7A87F24621 (Attachment 6) Note: This service departs Southern Cross Station every 10 minutes and the bus ride takes approx.. 45-50 mins to the Airport.
9am	Arrive Melbourne Airport
11:25am	Depart Melbourne Airport SQ238

Useful Contact Information:

National Centre for Farmer Health: 03 5551 8533 (Monday to Friday)
 Dr Susan Brumby: 0417 338 316
 Mohammad Abid Hussain: +91-7608879665



E-TICKET ITINERARY, RECEIPT AND TAX INVOICE

PASSENGER NAME: MOHAMMAD ABIDHUSSAIN/
 FOR: 1 x ADULT ONEWAY
 TICKET NUMBER: 254380
 BOOKING NUMBER: 419861
 DATE OF ISSUE: 11/01/2018

FROM Tullamarine Airport

ON Sun 25/02/2018. Please proceed to our bus stop in the T4 Multistory Car Park, Ground Floor, Bus Bay 14. Please note that this is a new bus stop - see map below. Your Airport Shuttlebus is due to depart **the Airport** at 0845 hrs.

Setdown: BALLARAT RAILWAY STATION
 BALLARAT

Fare: AUD\$33.64
 GST: AUD\$3.36
 Total: AUD\$37.00

THIS TICKET ISSUED SUBJECT TO TERMS AND CONDITIONS :-

Conditions of Travel:

Transport, services and the accompanying ticket (ticket) are provided or issued as the case may be by Airport Shuttlebus ABN 16 255 835 006 ("ASB") on these terms and include the conditions of contract, any schedules and our full terms and conditions on our website and (where consistent with these terms) notices in a ticket and any fare and time table booklets and/or notices on display.

1. Subject to the provisions of the Transport Act 1983 ASB reserves the right to cancel or vary any services it provides as it sees fit.
2. ASB is not a common carrier and reserves the right to refuse to carry any passenger, luggage or goods without providing a reason.
3. No conditions of travel other than that endorsed on a ticket will be recognised. Verbal promises by booking agent, clerk or otherwise will not be recognised.
4. ASB reserves the right, in the event of a ticket or booking cancelled by a passenger to charge a cancellation fee. ASB's refund policy is detailed in the full terms and conditions detailed on our website.
5. Each paying passenger is allowed free of charge 2 pieces of luggage with a maximum linear dimension of 66 inches (i.e. length and width and depth). If the luggage exceeds these restrictions subject to available space it will be carried by ASB, though ASB may charge an extra amount for such luggage. **Please assist the driver by placing your luggage in the trailer.**
6. Tickets are fully transferable and are valid for a period of 12 months from the date of purchase. ASB will provide a full refund on a fare paid less fare used basis, less an administration fee of \$10.00 on any unused sector, providing the ticket is presented within 12 months of the date of the purchase.
7. Except as otherwise provided by these terms, to the extent permitted by law any liability of ASB or any other operator for a breach of any provision of or term implied by Div 2 of part V of the Trade Practices Act 1974 (Cth) (as amended) or equivalent state legislation shall not exceed resupply of the service in question or payment of the cost of resupply.
8. Under no circumstances shall ASB be responsible for any claim, loss or damage suffered by a passenger caused by use of the service by the passenger or the purchase of a ticket by the passenger, including without limitation loss or damage caused by delay, cancellation of the service or abandonment during the course of a service, accident, mechanical break down, loss of luggage, burglary, theft or fire, or any other act or neglect of ASB's servants, agents or employees acting within the course of their employment.

Please Note All changes to this Itinerary must be made to the office prior to travelling.

AIRPORT SHUTTLEBUS SERVICE Office Hours : Mon-Fri 8:30AM TO 5:30PM Sat 9:00am - Noon

Telephone : (03) 5333 4181

Airport Shuttlebus website : www.airportshuttlebus.com.au

Email : enquiries@airportshuttlebus.com.au

Thank you for travelling with Airport Shuttlebus

A report on 5-days intensive training programme at National Centre for Farmer Health, Hamilton, Australia

I have attended 5-days intensive training program from 26 February to 2 March, 2018 on Agricultural Health and Medicine (Unit course HMF701; Trimester 1, 2018) at National Centre for Farmer Health (NCFH), Hamilton, Victoria, Australia.

This unit, designed by NCFH, addressed the health and safety concerns encountered by the agricultural workforce in rural and remote areas. The lecture series and their related activities were discussed about the common causes of diseases, mental illness and work related injury that adversely affect the health and well-being of the human resource in agricultural industries, including obesity, diabetes, cancers, zoonotic infections, physical trauma, behavioural health, addiction and agricultural safety. Increasing knowledge of these factors could be adopted to improve the effectiveness of current strategies aimed at improving the health condition of farming communities.

TRAINING SCHEDULE

Day 1: Monday 26 February 2018

- Welcome address CE of Western District Health Service, Hamilton
- Agricultural health and medicine
- Brief personal introductions
- Agriculture today and discussion on issues facing agriculture in the next decade
- Public perceptions and farming populations
- Farm dangers
- Agricultural respiratory health
- Welcome address by Hamilton – Southern Grampians Shire Council and visit of colonial Australian Art Exhibition/Gallery

Day 2: Tuesday 27 February

- Health assessment (Blood glucose/BP/cholesterol measurements/weight/height)
- Health assessment and occupational history
- Performing health assessment, PiKo-6 tests
- Veterinary chemicals
- Australian zoonoses
- General practice in farming communities
- Study Time (preparation for Assessment 1)

Day 3: Wednesday 28 February

- Agricultural tour (Hamilton livestock exchange and Mepungah Pastoral Farm visit)

- Agricultural surgery, skin cancer and farm trauma
- Rural emergency medicine
- Agricultural cancers
- Agricultural chemicals and label interpretation

Day 4: Thursday 1 March 2018

- Psychosocial conditions
- Activity: DASS-21 questionnaire
- Suicide and mental illness management
- Addiction in agricultural and rural settings
- Assessment 1: Quiz
- Personal protection equipment
- Dinner at Blue Malt Restaurant, Hamilton

Day 5: Friday 2 March

- Musculoskeletal injuries and ageing
- Agricultural ergonomics and manual handling
- Agricultural health co-morbidities
- Group work, TV advt. and the year 2030
- AgriSafe™
- Summary and farewell

Assessments over CloudDeakin

- Group work – due date 15 April 2018
- Unit test – due date 29 April 2018
- Written review – due date 20 May 201

DETAILED TRAINING PROGRAMME

Day 1: Monday 26 February 2018

A warm welcome was addressed by Rohan Fitzgerald, the CE of Western District Health Service to all the 18 participants come from different parts of Australia. On the very first day of the training programme, 5 lectures were delivered from 9 a.m. in the morning till 4:30 p.m. in the evening amid the tea and lunch breaks. In the evening hours, we were invited to visit colonial Australian Art Exhibition at Hamilton Gallery, where the Southern Grampians Shire Council and Deakin University greeted and welcomed all of us and a brief tour to the art gallery was made.

Lecture series

- **Agricultural health and medicine**

Prof Susan Brumby, Director of National Centre for Farmer Health, Hamilton introduced the training course *Agricultural Health and Medicine* (course code HMF701) and presented overall course structure/goals, importance of agricultural health and medicine, and how it could make difference between rural and urban health provision, etc. She raised some health issues faced by agricultural populations and pointed out how changing agricultural practices may affect health, wellbeing and safety. Thereafter, during the activity period, we introduced ourselves and interacted with participants.



Along with Rohan Fitzgerald, the CE of Western District Health Service and Prof Susan Brumby, Director of National Centre for Farmer Health, Hamilton during visit of colonial Australian Art Gallery

- **Agriculture today**

Mr Bill Hamill, the CEO of Rural Industries Skill Training talked about the changing scenario in Australian agricultural setting. He analysed the economic impact of agriculture and its role in country's development. He explained nicely about the agricultural workforce and their range of age group (old generation >65, baby boomers

+50, generation X 28-40 years old, and generation Y 6-28 years old) and their interest in agriculture. He also raised concern about the bigger farm size but lesser margins as well as sustainability of farming as a career choice. During the activity period, he discussed on issues facing agriculture in the next decade.

- **Public perceptions and farming populations**

Prof Susan Brumby (Director, NCFH, Hamilton) talked about history of Australian farming, perceptions and stereotypes affecting the work – described farming and some of the challenges globally and predicted workforce crises. She categorised high risk population groups such as men, children, women, elderly, seasonal/migrant workers, etc. She introduced and outlined Sustainable Farm Families (SFF) program. The SFF vision is to improve the health, wellbeing and safety of farm families as farmers are (i) getting older, (ii) working harder and longer, (iii) relying more on family members for extra labour, and (iv) experience high injury rates, illness and premature death. The SFF program encourages farmers to view farm family health as part of the ‘triple bottom line’ of farm reporting. She simply referred to as ‘people, planet and profit’ – all three are dependent on each other for success and sustainability.

- **Farm dangers**

Prof Susan Brumby (Director, NCFH, Hamilton) moved the discussion to agricultural machinery, agricultural environments, animal handling, implements and their dangers, epidemiology of farming fatalities and serious injury, and risks & occupational hazards in agricultural setting. She detailed the components of a safe agricultural workplace, such as 1. Eliminate the hazard through engineering, administration, and substitution; 2. Minimize and control the safety and health risk by (i) engineering through safe guards, (ii) administrative means, (iii) substitution of risky substances or processes for safer ones; 3. Regulation and enforcement; 4. Education and training for safe and healthful behaviour; and (5). Application of personal protection equipment (PPE).



The effect of poor health on farmers, families, farms and communities (Brumby Susan, Policy launch presentation: Rural directions for a better state of health; November 2005; Echua, VIC.)

- **Agricultural respiratory health**

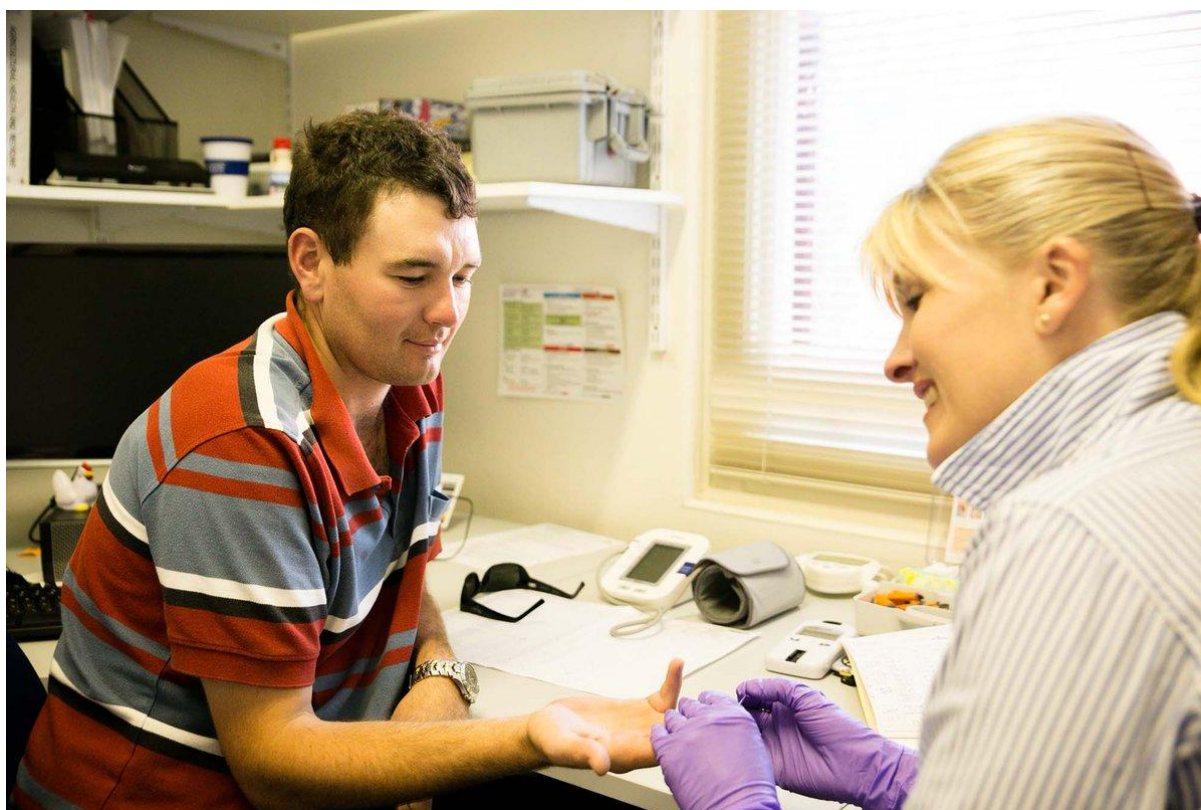
Dr Andrew Bradbeer, Principal Physician at Manse Medical in Hamilton presented a detailed account of agricultural respiratory hazards such as organic dusts, infectious agents, non-organic inhalants, pesticides, asphyxiants (CO₂ & methane), and toxic gases (fumigants, H₂S, ammonia, CO and welding) and their effect on health. He also talked about types of respiratory conditions common to the agricultural workforce such as zoonotic, chemical and environmental, etc. He mentioned 5 respiratory diseases (viz., chronic obstructive, congestive cardiac failure, diabetes complications, angina, and asthma) which could be prevented hospitalisations if managed at early stage. Finally, he briefly described about testing and diagnosis of respiratory illness. In most simple terms, he clarified that *protection* and *better practice* is equivalent to *prevention* of respiratory diseases.

Day 2: Tuesday 27 February

- **Health assessment**

In the morning hours from 8:00 to 9:30 a.m. all the participants had to undergo the health checkup. For this test, we were informed to fast from 10 p.m. till in the next day morning. After the completion of test, breakfast was provided.

Three clinicians undertook the assessments including Tam Phillips, RN AgriSafe™ Clinician who explained the results of our health assessment which included various measurements such as weight, height, % visceral fat, BP, blood glucose and lipid studies, vision and PiKo 6 respiratory testing. The test results were explained and interpreted along with suggested tips for working with farmer groups to ensure successful assessments.



AgriSafe™ Clinician Tam Phillips conducting physical health assessment

- **Health assessment and occupational history**

AgriSafe clinician Tam Phillips delivered her talk after the completion of physical health assessment. She explained what are the steps involved in taking the occupational history of the farmer while conducting health assessment. She cautioned what to do when any sign of concern is noticed and whom to approach for further follow up.

- **Veterinary chemicals**

Dr Kathryn Robertson, veterinarian at Livestock Logic talked about common veterinary chemicals (e.g., biological products, antibiotics, hormones, vaccines and adjuvants) and its impact on human health when exposed via inhalation, skin contact, eyes or mucous membranes, and needle stick, etc. She detailed about health hazards, potential dangers of accidental adjuvants and needle stick injuries, and what are the most appropriate injection techniques to safeguard the workforce. She provided material safety data sheets (MSDS) on needle stick injuries – risk and recommended treatments.

- **Australian zoonoses**

Dr Kathryn Robertson continued her talk on common Australian zoonoses such as anthrax, brucellosis, leptospirosis, Q-fever, hydatid disease, scabby mouth, tetanus, ringworm, listeriosis, rabies, etc. She talked in details about mode of transmission, symptoms, diagnosis, prevention and treatment of zoonotic diseases.



Safe vaccination: needle stick injury could be avoided by proper animal handling

- **General practice in farming communities**

Dr Sue Robertson, a General Practitioner in rural and remote Australia, gave a lecture on common conditions encountered in rural general practice. Conditions more common in small rural communities compared with city are (i) more skin diseases and cancers, (ii) more depression, anxiety, (iii) more pregnancy related cases, (iv) more circulatory diseases, and (v) less URTI, less cough cases. Rural patients were found with overweight, older, alcohol issues, smoking.

She detailed about five domains of general practice, which represents the critical areas of knowledge, skills and attitudes necessary for competent unsupervised general practice. She discussed about the challenges of living and working as a health professional in a rural community, and difficulties faced in evidence based screening and health care.

- **Study Time!**

One hour from 4:30 to 5:30 p.m. was spared for the preparation for Assessment 1 (to be held on Day 4).

Day 3: Wednesday 28 February

- **Agricultural tour (Hamilton livestock exchange and Mepungah Pastoral)**

A tour to local saleyards (livestock exchange) and a local mixed-enterprise farm was arranged in the morning hours. Bus started around 8:15 a.m. and returned back to National Centre for Farmer Health, Hamilton around 12:45 p.m.

Mr Chris Dahlenburg – the Manager gave outline of saleyards and took us for a short tour where a sheep auction was underway. He informed us that Hamilton Regional Livestock Exchange is one of Australia's busiest with approximately one million sheep and 50,000 cattle sold annually. Sales are held weekly every Wednesday, while in peak season (end of November and March) lambs are sold on a Wednesday and sheep on a Thursday. The Hamilton livestock exchange is also leading with the latest technology for livestock identification so animals can be traced over their lifetime.

Then, we travelled to Mepungah Pastoral where Nick and Yvonne explained about safe working of silos, sheep shearing, sheep yards, tractors, and chemical shed and safe pesticide disposal system.



On-going auction of livestock at Hamilton livestock exchange where buyers and sellers are trading



Tracey Hatherrell NCFH explaining about working safely with silo and field bins



Health hazards ranging from strains and sprains through to degenerative joint and muscle damage, and broken bones are common in sheep shearers. A safe working environment can minimise chances of injury and illness



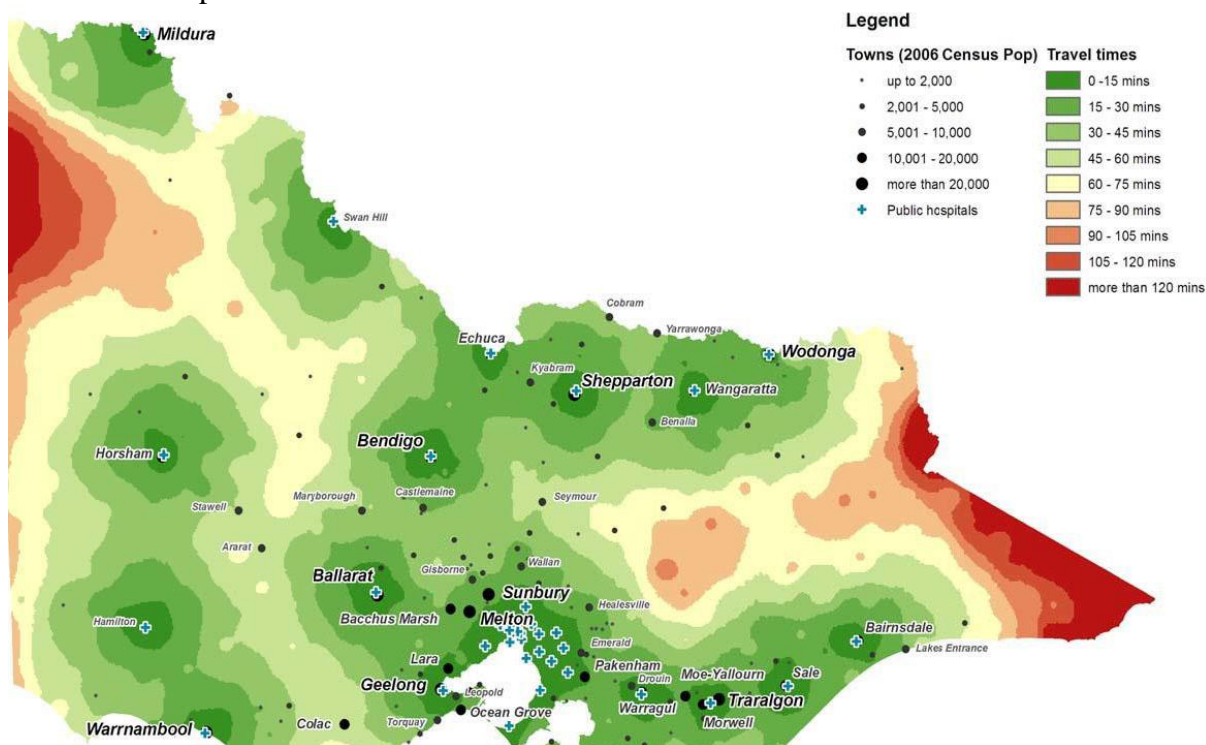
Safe storage of pesticides in a secured location and their disposal should be managed properly to reduce hazards

- **Agricultural surgery, skin cancer and farm trauma**

Mr Stephen Clifforth – general surgeon, shared more than 27 years of practical experience on treating agricultural injuries through a pictorial lecture. He discussed different types of traumatic agriculture injuries encountered in rural and remote settings and methods of preventing farm injury and recovery of trauma. He also highlighted several notable cases of skin cancers (which are common in farming populations) and their surgical treatment.

- **Rural emergency medicine**

Associate Professor Tim Baker– an Emergency Physician and Director of Centre for Rural Emergency Medicine, talked about (i) importance of emergency responses in rural and remote settings, (ii) importance of education of health emergencies, remote trauma responses and first aid training, (iii) response times and extrication difficulties encountered by emergency rescue services such as ambulance/emergency services/air ambulance/patient transfer in rural Australia.



Travel times to nearest public hospital with emergency department in Victoria



In Emergency Ward, doctors and nurses waiting for the patient after receiving an emergency call

- **Agricultural cancers**
Conjoint Clinical Associate Professor Ian Collins, Medical Oncologist delivered his presentation on common types of cancers encountered in agricultural populations, their epidemiology, diagnosis and treatment. He talked about the social and financial impact of cancer-treatment challenges in remote and farming locations. He also discussed how cancer detection and treatment could be improved for rural/remote and farming populations.
- **Agricultural chemicals**
Dr Jacqueline Cotton, Researcher and Lecturer in Rural Health, presented her talk on types of agricultural chemicals such as organochlorines, organophosphates and carbamates, their mode of action and exposure risk associated with them, e.g. reproduction, cancer, neurological development, etc. She discussed about risk management during storage and safe use of pesticides. During the activity period, we learnt how to follow Label interpretation.

Day 4: Thursday 1 March

- **Mental health**
Tristan Brumby-Rendell, Senior Psychologist, presented the very complex topic in a simplified manner. He discussed the epidemiology, biology and causes of anxiety, stress, psychosis and depression. Then, he described the biological factors and environmental determinants that increase the risk and impact of mental illness in rural farming environments compared with urban counterparts. In the end, he outlined link between mental and physical health, and basics of mental health services and interventions in rural/remote communities.
In the activity period, we carried out DASS-21 (Depression, Anxiety, Stress Scale) questionnaire highlighting the quantitative measures of distress or depression and anxiety.



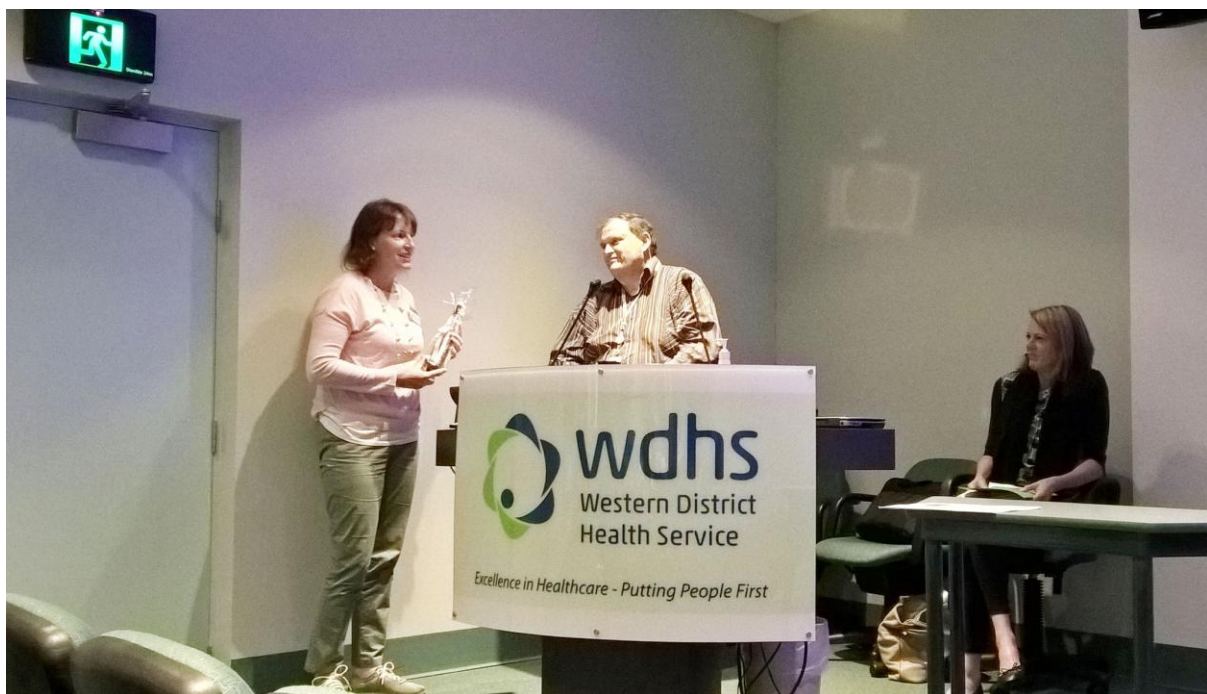
Tristan Brumby-Rendell, the Senior Psychologist during the DASS-21 activity

- **Suicide and mental illness management**

Tristan Brumby-Rendell continued his talk on another very important issue, i.e. suicide. He enlisted factors which compel someone to take extreme steps and danger signs to look for. Such as a sense of hopelessness/indecisiveness, loss of interest or purpose, statements and threats and avoidance of social or public events (social withdrawal), physical disability, sleep problems, financial loss, extreme events and animal diseases, etc. The protective factors that reduce the risk are family, religion, bonds, pets, etc. He detailed about the prevention strategies (health promoting behaviours) for the above condition as (i) guide of problem solving, (ii) address main symptoms: sleep, appetite, energy, worry, thoughts, (iii) exercise and goal directed activity, (iv) stress reduction and relaxation, (v) professional intervention: medication, risk, therapy, and (vi) support with optimism and understanding.

- **Addiction in agricultural and rural settings**

Prof Rodger Brough, consultant with Turning Point Drug and Alcohol Centre's Drug and Alcohol Clinical Advisory Service (DACAS), gave a lecture on substance abuse in rural and farming communities and diseases associated with it. He highlighted the link between substance abuse and mental health, physical complications and co-morbidities. Finally, he presented prescriptions and drug abuse, treatments and interventions.



One of participants presenting a gift as a token of appreciation to Prof Rodger Brough for the nice talk

- **Assessment 1: at 2:30 to 3:30 p.m.**

Multiple Choice Quiz based on Day 1 and Day 2 lecture materials; allotted time 45 min. Content: 25 multiple choice questions; Grading and weighting (20% total mark for unit)

- **Personal protection**

Tam Phillips, Caroline Sheridan and David Sullivan

All of three introduced Personal Protective Equipment (PPE) in a fascinating way for the prevention strategies for agricultural injury/illness particularly respiratory. Respiratory hazards include dust, bacteria, moulds, fungi, viruses, pollens, welding fumes, solvents,

animals dander and agrichemicals, etc. They presented various examples of the protection required for various situations and showed that PPE should be practical, comfortable, convenient in use and affordable. Tests done to determine if a respirator can achieve an adequate face seal as every face is different and no one mask can fit every face. Generally, we hear in the 20 – 20,000 Hz range (cycles per second). Noise levels greater than 85dB averaged over an 8 hours period, places persons at risk of hearing loss. During the activity period, they demonstrated how to manage noise and prevent noise induced hearing loss.



One of participants undergoing demonstration of Personal Protective Equipment (PPE) Fit Test

- **Dinner at local restaurant, Blue Malt, Hamilton at 8:00 p.m.**



Day 5: Friday 2 March

- **Musculoskeletal injuries and ageing**

Ms Tania Aitken, the Chief Physiotherapist, presented on common agricultural practices and their impact on musculoskeletal health. She explained the musculoskeletal structures that can be injured and cause pain and dysfunction due to causative actions like sustained postures, bending/twisting under overload, repetitive use, direct trauma, prolonged poor joint posture, sudden unguarded movement, pars defect or fracture, and disc inflammation or prolapsed, etc. Generally, musculoskeletal injuries have a past; to manage them effectively one needs to understand the whole picture: past, present and future in context. She suggested some common agricultural ailments of the upper and lower body including the big 3 no-no's for the back: bending, twisting and holding breath.

- **Agricultural ergonomics and manual handling**

Sarah Baker, Chief Occupational Therapist, detailed the principles of ergonomics and manual handling in agricultural settings. She explained that manual handling covers a wide range of activities including lifting, pushing, pulling, holding, throwing and carrying. It also includes repetitive tasks such as packing, typing, assembling, cleaning and sorting, using hand-tools, and operating machinery and equipment. She talked about the risk factors related to manual handling injuries and guided on how these could be minimized using the hierarchy of risk control and the resources available to assist in minimizing and managing farm and manual handling injuries.

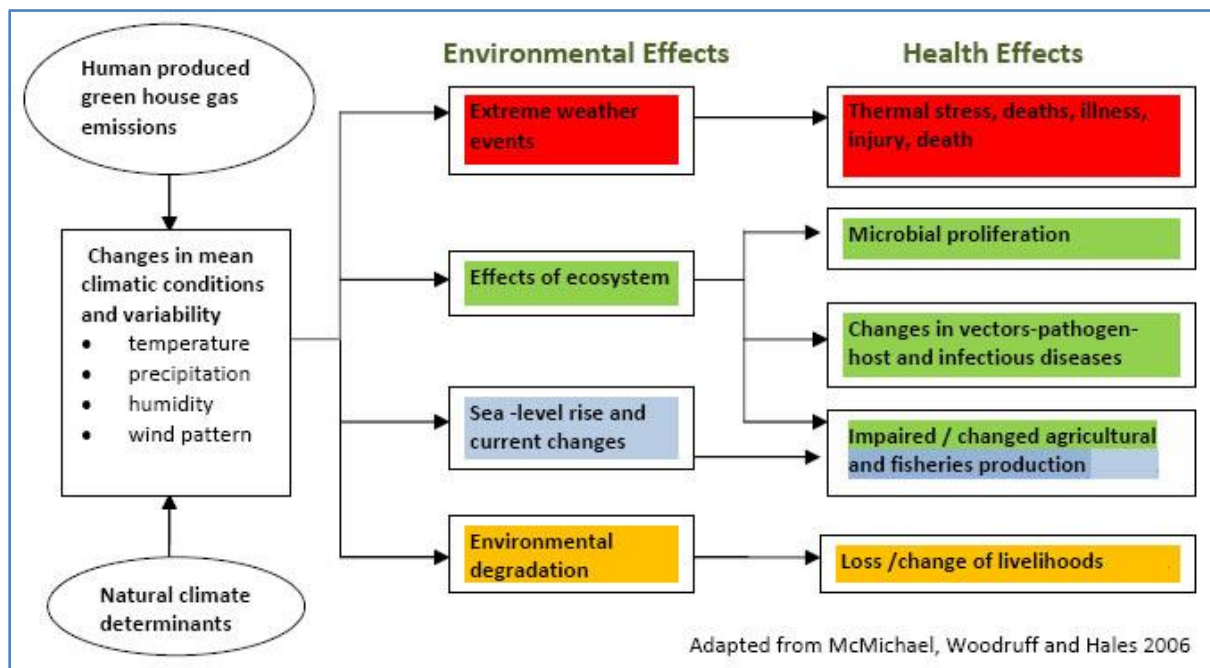


Tania Aitken demonstrating the use of cupping therapy to one of the participants

- **Agricultural health co-morbidities**

Prof Susan Brumby, Director of National Centre for Farmer Health, presented her talk on most important health issues faced by agricultural communities such as diabetes, cardiovascular disease, neurological diseases, alcohol misuse, uCKD and their risk factors associated with them. She also discussed social, physical and behavioural health effects of co-morbidities, climate, health and wellbeing and psychosocial aspects of farming. In the

end, Professor Brumby recognized the interventions that individuals, health services, communities and organizations could make to reduce these risk factors and asked us to consider these as leaders in agricultural health and medicine. We were then given a task to solve the issues related with ailing farming community and deteriorating environmental conditions. Our group discussed and outlined strategic goals to achieve and bring back a healthy farming community and green environment.



Overall effects of climate change

- AgriSafe™**
 Tam Phillips, RN AgriSafe™ Clinician, presented a detailed talk on the role of AgriSafe™ in improving the health, safety and wellbeing of the agricultural workforce. She also mentioned its history in Australia, eligibility criteria/requirement to become an AgriSafe™ provider and steps of an AgriSafe™ assessment.

<ul style="list-style-type: none"> • Blood glucose • AusDrisk 	<ul style="list-style-type: none"> • Full Cholesterol • TC, HDL, LDL, TRIG, TC/HDL ratio 	<ul style="list-style-type: none"> • Blood pressure • Pulse • O2 saturations
<ul style="list-style-type: none"> • Height • Weight • Body mass index • Body fat% 	<ul style="list-style-type: none"> • Cholinesterase testing • Pesticide exposure & agrichemical use assessment 	<ul style="list-style-type: none"> • Respiratory assessment PiKo – 6 • Fit testing of P2 Dust Mask
<ul style="list-style-type: none"> • Urinalysis 	<ul style="list-style-type: none"> • Otoscopy • Hearing test 	<ul style="list-style-type: none"> • Skin assessment
<ul style="list-style-type: none"> • Cancer risk and screening status 	<ul style="list-style-type: none"> • Kessler 10 Wellbeing 	<ul style="list-style-type: none"> • Musculoskeletal & balance assessment
<ul style="list-style-type: none"> • Vision review 	<ul style="list-style-type: none"> • Farm safety • Q fever status? 	<ul style="list-style-type: none"> • PPE recommendation

AgriSafe™ program screening and assessments

- **Summary and farewell**

Dr Jacquie Cotton talked about the DeakinSync/CloudDeakin website from where students can access all information related with the current enrollment details such as courses, assessments and results, inbox, library access, communities, help, etc. She demonstrated how to access CloudDeakin over the net and communicate among assigned groups and submit the assignment at Group Locker or give online examination, etc. She also introduced the on-going Graduate Certificate of Agricultural Health and Medicine, which bears 4 credit points (2 core units: HMF701 and HMF702 + 2 electives). Finally, Prof Susan Brumby gave farewell, thanked us for attending, wished us good luck and safe travels.

Assessing the achievement of the unit learning outcomes

Assessment task 1: Multiple-choice test **20%**

One multi-choice test (25 questions) to be completed during the 5 day intensive. Test 1 will be based on lecture material covered during days 1-2.

Assessment task 2: Group development of materials and online participation **25%**

Students work in groups to create a fact-sheet or video on a given Agricultural Health and Medicine related topic or community issue. Fact-sheets or videos are to be developed and useful for agricultural workers and their families, health professionals and researchers. Further information to be provided on CloudDeakin following the 5-day intensive. Students are required to communicate as a group via CloudDeakin and provide peer feedback at the conclusion of the task.

One assignment per group to be submitted via CloudDeakin:

Due Sunday 15 April 2018

Assessment task 3: Cloud (online) multiple-choice test **20%**

Multi-choice test (25 questions each) completed through CloudDeakin. Test will be available online for 7 days for completion. Test 2 will be based on lecture material covered during days 3-5 of the 5-day intensive.

Test completed online. Opens Monday 23 April 2017 12.01am -

closes Sunday: 29 April 2018 11.59pm

Assessment task 4: Written review exercise **35%**

Students are required to choose and critique one of a selection of journal articles provided by the unit chair via CloudDeakin.

Students to complete a 1200 -1500 word structured review. Online submission: **Due: Sunday 20 May 2018**



Group photograph: Prof Susan Brumby (Director of National Centre for Farmer Health, Hamilton), Dr Jacqueline Cotton (Researcher & Lecturer in Rural Health) and Tam Phillips (RN AgriSafe™ Clinician), and participants of the Unit Course HMF701 at NCFH, Hamilton



NATIONAL CENTRE FOR
**FARMER
HEALTH**



Thank you and travel safe!

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The last ppt slide on presentation screen to thank and wish us safe travel to home

PRESS COVERAGE

10 HAMILTON SPECTATOR Saturday March 10 2018

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Finding common ground at NCFH

TARA FRY

THE National Centre for Farmer Health (NCFH) opened its Agriculture Health and Medicine course with a reception at the Hamilton Art Gallery last week, with all students, staff and special guests in attendance.

The postgraduate course is one of the only agriculture and medicine courses in Australia, and is among very few internationally.

Run in partnership with Deakin University, students travelled from all around Australia for the five-day intensive course, which they will continue to study throughout the semester.

NCFH director Susan Brumby said the intensive looked at the context of farmer health such as emergency trauma, farm dangers, zoonotic disease, veterinary and agricultural chemical exposures, mental and emotional wellbeing and much more.

"Professionals recognise that different skills are needed to engage with farming and agricultural communities," Ms Brumby said.

"Understanding their context and some of the unique health, wellbeing and safety issues for farming populations is what the course focuses on.

"It also attracts students from across a variety of sectors and disciplines. So students can leave with a great network of contacts."

Indian student Abid Hussain travelled to Hamilton in the hope of taking new ideas back to his hometown to improve the health of farmers and their crops.

"I live in a community, that strive hard to raise a suitable, profitable crop but its failure is one of the most uninvited common events, which leads to distress in their lives," he said.

"They are the marginal farmers who are uneducated, unskilled and non-professional in their crop cultivation.

"This distress could have been averted thus bringing happiness in their lives, family, and community as a whole," he said.

He was excited to take his new skills back to the community to improve their way of life.

"I hope this course will give me a platform from where I could start working on alleviating the distressed condition of the farmers," Mr Abid said.

Fellow student Gaye Fisher, came from Western Australia to take part in the five-day intensive.

After spending 18 years nursing in small rural areas, she was excited to expand her



ENJOYING the social aspect of the National Centre for Farmer Health Agriculture and Medicine course opening night are (from left) students Peter O'Meara, Southern Grampians Shire Mayor, Mary-Ann Brown and NCFH director Susan Brumby. Photo: BILLY EASSON.

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knowledge of the impact agriculture has on people's health.

"Because I work in a predominantly farming region, I was keen to expand my knowledge and understanding of agriculture's impact on an individual's and the rural community's health," Ms Fisher said.

"This is the only course of its kind to focus solely on farmer health, and rural community wellbeing."

Ms Fisher hoped to take the extra step in her treatment of farmers after completion of the course.

"All I seem to do now is patch the farmer up and send them on their way, and I find that

frustrating," she said.

"I want to positively impact on the poor health outcomes for agricultural people, educating and enabling them to make a significant difference to their own lives.

"Farmers spend thousands of dollars and countless hours making sure machinery is in top working order, livestock is in prime condition, and the enterprise is running efficiently, but neglect their most vital and important asset, themselves."

Hoping to blend both her passions together, Queensland student Holly Brodie said the course appealed to her as she saw the benefits for her working and home life.

"I'm hoping to be able to blend both my passions together and take the knowledge and skills back to my local community, family and workplace," Ms Brodie said.

"To make individuals and groups more aware of how unhealthy lifestyles, through diet, lack of exercise, alcohol misuse and OH&S risks, can be dangerous and counter-productive to themselves, their businesses and the agricultural industry."

The NCFH five-day intensive program is run in partnership with Western District Health Service, Deakin University and the Southern Grampians Shire Council.

Report

of 5-days intensive training programme (26 Feb. – 2 Mar. 2018) on

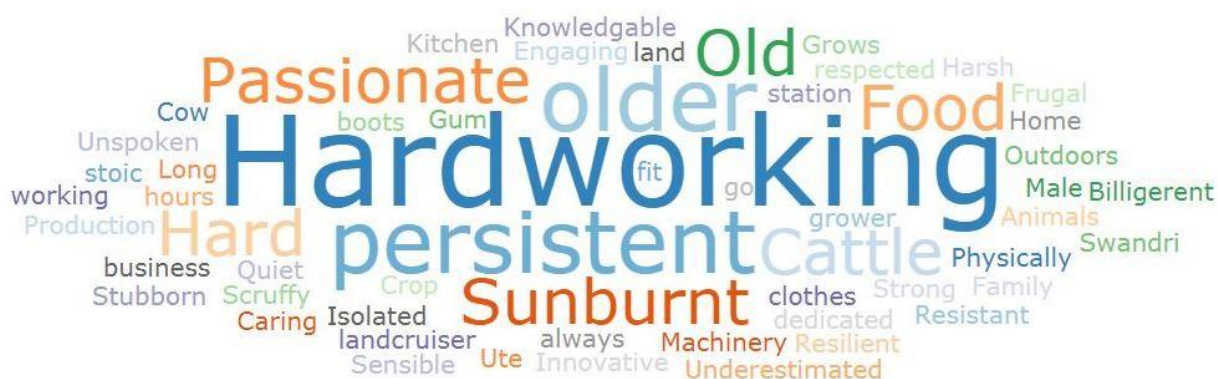
Agricultural Health and Medicine

(Unit course HMF701; Trimester 1, 2018)

at

National Centre for Farmer Health

Western District Health Service, Hamilton, VIC 3300



By

M. ABID HUSSAIN

Assistant Professor (Entomology)

Department of Entomology, M.S. Swaminathan School of Agriculture,
Centurion University of Technology & Management, Village Alluri Nagar,
R. Sitapur, Uppalada, Paralakhemundi, Gajapati – 761211, Odisha

A report on 5-days intensive training programme at National Centre for Farmer Health, Hamilton, Australia

I have attended 5-days intensive training program from 26 February to 2 March, 2018 on Agricultural Health and Medicine (Unit course HMF701; Trimester 1, 2018) at National Centre for Farmer Health (NCFH), Hamilton, Victoria, Australia.

This unit, designed by NCFH, addressed the health and safety concerns encountered by the agricultural workforce in rural and remote areas. The lecture series and their related activities were discussed about the common causes of diseases, mental illness and work related injury that adversely affect the health and well-being of the human resource in agricultural industries, including obesity, diabetes, cancers, zoonotic infections, physical trauma, behavioural health, addiction and agricultural safety. Increasing knowledge of these factors could be adopted to improve the effectiveness of current strategies aimed at improving the health condition of farming communities.

TRAINING SCHEDULE

Day 1: Monday 26 February 2018

- Welcome address CE of Western District Health Service, Hamilton
- Agricultural health and medicine
- Brief personal introductions
- Agriculture today and discussion on issues facing agriculture in the next decade
- Public perceptions and farming populations
- Farm dangers
- Agricultural respiratory health
- Welcome address by Hamilton – Southern Grampians Shire Council and visit of colonial Australian Art Exhibition/Gallery

Day 2: Tuesday 27 February

- Health assessment (Blood glucose/BP/cholesterol measurements/weight/height)
- Health assessment and occupational history
- Performing health assessment, PiKo-6 tests
- Veterinary chemicals
- Australian zoonoses
- General practice in farming communities
- Study Time (preparation for Assessment 1)

Day 3: Wednesday 28 February

- Agricultural tour (Hamilton livestock exchange and Mepungah Pastoral Farm visit)

- Agricultural surgery, skin cancer and farm trauma
- Rural emergency medicine
- Agricultural cancers
- Agricultural chemicals and label interpretation

Day 4: Thursday 1 March 2018

- Psychosocial conditions
- Activity: DASS-21 questionnaire
- Suicide and mental illness management
- Addiction in agricultural and rural settings
- Assessment 1: Quiz
- Personal protection equipment
- Dinner at Blue Malt Restaurant, Hamilton

Day 5: Friday 2 March

- Musculoskeletal injuries and ageing
- Agricultural ergonomics and manual handling
- Agricultural health co-morbidities
- Group work, TV advt. and the year 2030
- AgriSafe™
- Summary and farewell

Assessments over CloudDeakin

- Group work – due date 15 April 2018
- Unit test – due date 29 April 2018
- Written review – due date 20 May 201

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Lecture series

- **Agricultural health and medicine**

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Along with Rohan Fitzgerald, the CE of Western District Health Service and Prof Susan Brumby, Director of National Centre for Farmer Health, Hamilton during visit of colonial Australian Art Gallery

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Mr Bill Hamill, the CEO of Rural Industries Skill Training talked about the changing scenario in Australian agricultural setting. He analysed the economic impact of agriculture and its role in country's development. He explained nicely about the agricultural workforce and their range of age group (old generation >65, baby boomers